



VOLUNTARY SECTOR LIAISON COMMITTEE - 16TH MARCH 2016

SUBJECT: ITEMS OF INTEREST TO THE VOLUNTARY SECTOR

REPORT BY: UPDATE FROM ANEURIN BEVAN UNIVERSITY HEALTH BOARD

NCN UPDATE REPORT:

1. COMMUNITIES FIRST SUPPORT

Caerphilly NCNs are working with Communities First and the Third Sector to raise awareness of the excellent support services available, and simplify signposting for patients and carers. Communities First programmes such as Foodwise are being delivered from health venues in Caerphilly.

The Caerphilly NCNs have also supported Communities First with funding towards additional kit for the X-POD Health & Prevention Programme for patients diagnosed as at risk of developing diabetes (with impaired glucose tolerance). The course is being delivered in all 3 NCN areas of Caerphilly.

2. LEAP PROGRAMME (Listen, Engage, Act, Participate)

A multi-agency Mental Health and Wellbeing Team consisting of health and social care professionals has now been established at The Lawn and Meddygfa Cwm Rhymni surgeries, serving a total population of 18,600. The team are helping and supporting people with mental health issues and referring and signposting them into community based support, building excellent working relationships and network with these services.

3. PRACTICE BASED SOCIAL WORKERS

3 Practice-based Social Workers have been appointed at Risca Surgery; Gelligaer Surgery and Tonyfelin Medical Centre, as part of an initial 1 year NCN funded pilot. The Social Workers provide a greater focus on achieving people's well-being outcomes through holistic integrated assessment and co-productive solutions:

- Increased capacity for GP's where people can access the right person, with the right skills and at the right time
- Development of professional relationships between GP's and Social Workers and avoidance of admissions to hospital through community support via Frailty
- Increased care at home

The multi disciplinary nature of the social work role is not only demonstrated by the referral sources but also by the number of agencies and third sector organisations the social workers work with and refer to. For example the list below is a sample:

- Education – Literacy
- Community Mental Health Teams
- Primary Care Mental Health

- Reablement
- Police
- Victims Support
- Occupational Therapy
- Age Concern
- Independent sector domiciliary care providers
- Falls Service
- Pharmacy
- Health Visitors
- Independent legal providers
- Substance misuse services
- Homelessness
- Gofal.

4. HEALTHY AT HOME SCHEME

The Village Surgery and Lansbury Surgery have been working with Care and Repair to identify elderly patients who may benefit from adaptations to their accommodation to improve safety. The NCN funded short-term project is proactive, offering a home visit by a Care and Repair Officer to all patients over 75 who are aligned with the practices, to identify current and anticipate future needs and intervene early with advice and services.

The aim of the Healthy At Home Scheme is to provide a service that links in with GP surgeries to reach people who are socially inactive and/or isolated and to assist with hospital prevention and sustainable independent living. Links are also be made to the Rapid Response Adaptation Programme and any other available adaptation sources. The officer also signposts to other services including the Care & Repair casework service to provide assistance for any repairs needed to the home.

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